



Group Fitness & Spin Instructors

Title	Program Instructor (Group Fitness, Spin)
Department	Recreation & Culture
Employment Type	Contract Instructor
Rate	\$28.00 – \$40.00/hr dependent on experience and qualifications
Closing Date	Ongoing
Description	The Village of Cumberland Recreation Department is looking for Group Fitness and Spin instructors to join our team for our upcoming Winter season! We are currently seeking experienced and energetic instructors to lead afternoon/evening classes. Candidates must possess great communication skills and a desire to promote health and fitness through their practice. Required Qualifications: • Grade 12 or equivalent • Current Criminal Records Clearance • Current First Aid and CPR Level C (or willing to obtain) • Relevant certifications according to industry standards • Experience in group training and/or personal training environments • Physical abilities to lift and carry equipment up to 45lbs Knowledge, Skills and Abilities: • Plan & deliver Group Fitness classes with energy, enthusiasm, and expertise, delivering challenging and effective workouts for participants of all fitness levels. • Provide personalized attention and instruction to clients, offering modifications and adjustments to ensure proper form and alignment during exercises. • Motivate and inspire clients to achieve their fitness objectives in a supportive and empowering atmosphere. • Stay up to date on industry trends and best practices to enhance class offerings and deliver exceptional experiences for clients. How to Apply: Please send your resume and a brief cover letter explaining why you would be a great fit for Cumberland Recreation to kfredrickson@cumberland.ca. We thank all applicants for their interest, but only those shortlisted will be contacted.

